

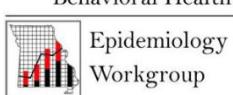
# BHEW Bulletin

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## How do Youth Access Substances?



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In 2018, the Missouri Student Survey added questions that asked students where they got their substances. Response options included friends, family, buying from a store, buying from a dealer (marijuana only), taking without permission, buying online, and asking a stranger to purchase it, and other. Students were able to select more than one response. The graphics below presents the most frequent methods of youth access for common substances. **Please note that data presented here may differ slightly from previous reports as these data have been adjusted to reflect answers written in the “other” category.**<sup>1</sup>

For most drugs, buying or getting from friends was the most common method that youth used to obtain their substances. However, it is interesting to note that prescription drugs are the only substance with family as the number one most endorsed source.<sup>1</sup>

### Most Frequent Methods of Substance Access

#### E-Cigarettes



1. Friends
2. Buy from a store
3. Family

#### Marijuana



1. Friends
2. Buy from a dealer
3. Family

#### Alcohol



1. Friends
2. Family
3. Take without permission

#### Cigarettes



1. Friends
2. Buy from a store
3. Take without permission

#### Prescription Drugs



1. Family
2. Friends
3. Take without permission

<sup>1</sup> Missouri Student Survey, 2018.

<sup>2</sup> Image Sources, The Noun Project: E-Cigarette by David Marioni; Marijuana and tablets by Mooms; Cigarette by Lukáš Jača; wine glass by Ivan Bsko.